

Isshinryu Karate Expo 2014

Connect with Isshinryu Karateka from all over the world from May 16th to 18th! Join us for a weekend of friendship and training at the Isshinryu Karate Expo 2014 in Thunder Bay, Ontario, the Martial Arts Capital of Canada. Over 25 different seminars, expert instructors, black belt testing and banquet. We are thrilled to announce that we have participants from Canada, Germany and the USA registered for the Expo.

Registration: Train for the whole weekend for \$99. Please go to Sensei Susan's website at www.senseisusan.com and click on the Expo button to see details for the event and the different pricing options. Remember to also to get your banquet ticket, \$45 for adults and \$25 for children (less than 12). Registration for the Expo will be \$129 after April 24th.

Brown and Black Belt testing will take on May 16th starting at 5 p.m. at the West Thunder Community Centre, 915 Edward St S, Thunder Bay, ON. Spectators are welcome to come and watch. Expo registration and pick up of Expo registration kits will be from 5-6 p.m.

The Isshinryu Karate Expo commences on Saturday, May 17th with opening ceremonies at 9:30 a.m. located at the West Thunder Community Centre. Registration and pick up of registration kits will commence at 8 a.m. Seminars start at 10 a.m. sharp.

There will be a break for one hour between noon and 1 p.m. for lunch. Please bring a bag lunch and snacks for the day! Drinks and snacks may be available.

Banquet: The banquet is being held at 6 p.m. at the Expo hotel, the Valhalla Inn, located at 1 Valhalla Road, just 5 minutes from the community centre.

How do I decide which seminar to attend?

All participants of the Expo get to choose which seminar that they wish to attend. At times there are guidelines for seminars that help facilitate the instructor in what exactly he or she will teach. For example, in the first timeslot on Saturday morning, participants have a choice between three seminars: Sanchin with Hanshi Mady, Kids Class with Sensei Jung and Fighting Drills with Sensei Chucky Mady. If you are less than 12 years of age, you are invited to go to the kid's class, otherwise you can choose to train with Hanshi Mady or his son, Chucky Mady. The choice is yours to make.

There are seminars in which the participants should be a kyu (coloured belt) or a blackbelt. Also, there are seminars that require you have to have a bo or a pair of sai to use. Make sure you read the descriptions for the seminars to know which is best for you. Simply show up at the seminar at the time scheduled. There is no need to advance register for any seminars.

The schedule is carefully planned so that no matter who you are, there will be something suitable and of interest to you. Enjoy the learning and train hard!

Instructors and Seminars for the Isshinryu Karate Expo 2014

Hanshi Albert Mady

At the Isshinryu Karate Expo 2014, we will be honouring HANSHI ALBERT MADY, 9th Dan, on the 30th Anniversary of his leadership and teaching in the Thunder Bay Region. With over 30 affiliate dojos in Canada, USA, Germany, Kosovo, Denmark and India, Hanshi Mady travels world wide teaching Isshinryu Karate and coaching his world class full-contact fighters. In 2013, Hanshi Mady received the Queen's Diamond Jubilee Medal, awarded to Canadians, who, like Her Majesty, have dedicated themselves to service to family, community and country through their significant contributions and achievements.
www.madyskarate.com



Hanshi Mady will be offering the following seminars at the Expo:

Sanchin Kata: The meaning of Sanchin ("Three battles") relates to the three journeys of life - developing body, mind and spirit. Hanshi Mady is well known around the world for his ability to perform this kata while being struck with lumber and even a steel shovel. Hanshi Mady will share his secrets of how to perform this kata and the bunkai (meaning) of its movements.

Kids' Seminar: Hanshi Mady, assisted by his son, Sensei Chucky Mady, runs a very dynamic kids' class in Windsor, ON. Participants will have lots of fun and learn why Isshinryu is one of the best martial arts in the world!

Street Weapons: Hanshi Mady speaks from experience when he teaches. Learn the fine points of how to defend yourself from attacks from someone who is wielding a baseball bat, a knife or a gun.

Steet Self Defence: This seminar focuses on making self defence simple and direct. No need for fancy techniques when Isshinryu offers the very best method of self defence.

Sunsu Bunkai: This is Shimabuku's own kata, the pride of Isshinryu. This seminar will teach many of the real life lessons that this kata has to offer. Participants do not need to know this kata in order to participate.

Hanshi Nick Adler

Isshinryu Karate Expo 2014 proudly presents: Hanshi Nick Adler, 9th Dan, director of the Nick Adler's Centurions, a 14 school association with over 2,000 members in six states. A direct student of Grandmaster Don Nagle, 10th Dan, USA and Grandmaster Angi Uezu, 10th Dan, Okinawa, Hanshi Adler is one of the best Kobudo masters of our time.

www.dojo.com/centurions

Hanshi Alder will be teaching the following seminars at the Expo:

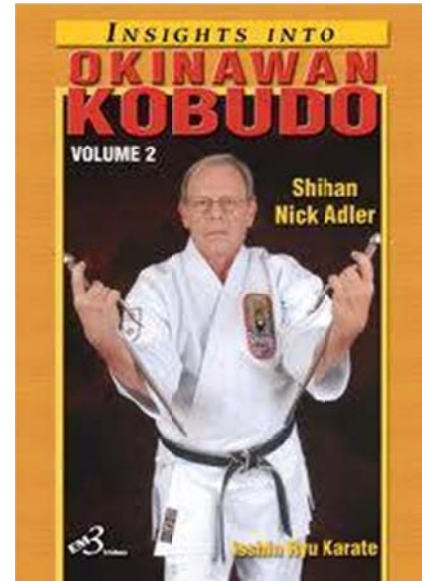
Combat Techniques - this session will cover a series of 5 attacks and 5 defenses working combinations of hand and feet

Bo Techniques - this class will cover application of the Bo as it relates to Isshinryu kata's. Bring bang up Bo's for partner work

Seisan Bunkai - application from the first form in Isshinryu karate. Although this is our first form it is considered a black belt form in most other Okinawan Karate systems and is very advanced. Many levels of Bunkai will be covered.

Sai Techniques - this class will cover use and application of the Sai as it relates to Isshinryu kata. Please bring both Sai and bang up bo's for use in application.

Speed Drills - these are exercises to build speed relating to kicking, foot work and body position.



Kyoshi Marilyn Fierro

From the beaches of Okinawa with Grandmaster Uezu, to her dojo in Long Island... Kyoshi Marilyn Fierro, 8th Dan. As the first woman to be inducted into the Isshinryu Hall of Fame, Kyoshi Fierro is a pioneer for women. Isshinryu Karate Expo 2014 is honoured to host Kyoshi Marilyn Fierro.

www.smithtownkarate.com

Kyoshi Fierro will be teaching the following seminars:

7 Step Blocking Drill – this is basically an introduction to this more intricate partner drill which entails attacks into shifts and shifts into counters. The drill develops mastery of centering and stance.

Wansu Kata – is the fourth form in Isshinryu Karate. We will explore application (Bunkai) from the kata with some basic and advanced levels.

Hamahiga no Tonfa – this is Isshinryu's highest weapon form and is normally considered a 4th Dan form. Instruction will be provided in manipulation of the Tonfa as well as performance of the kata.

Tekko - the Tekko are a pair of hand help weapons which work well in close combat. The form can be performed with either Tekko or Chizenkun Bo.

Energy - Ki - learn about energy (KI) through techniques such as kinesiology, body language and crystals. How to project ours as well as sense the energy of others and apply these lessons in a practical manner.



Shihan Brent Horton and Sensei Candace Daher

GRAPPLING CONCEPTS in ISSHINRYU KATA presented by Shihan Brent Horton and Candace Daher at the Isshinryu Karate Expo 2014 in Thunder Bay. Daher, a Brazilian Ju-Jitsu Champion and Horton, who spent 8 years training in Japan, team up to hit the mats at this seminar.

Facebook Page: Akatonbou Martial Arts



Shihan Rick McGogy and Sensei Brenda McGogy

Isshinryu Karate Expo 2014 presents: BUNKAI of the BASICS by Shihan Rick McGogy and Sensei Brenda McGogy, teaching in a manner that maintains the integrity of the original form, as taught by Master Shimabuku through Master Harold Mitchum.
www.timadryden.ca



Shihan Tim Leonard

Intense! Dynamic! Come train with Shihan Tim Leonard (AOKA World Champion in Kumite) at the Isshinryu Karate Expo 2014 in Thunder Bay! www.toshikai.ca

Shihan Leonard will be teaching KYAN NO SAI at the Expo. Kyan No Sai can be considered as Isshinryu's lost kata as it not usually taught in the Isshinryu curriculum. Master Shimabuku is said to have taught this kata on Okinawa through the late 1950's and was then dropped as he had created a different sai kata based on Kusanku. Participants must have their own sai to participate in this seminar.



Sensei Trevor Warren & Sensei Mike Fenton

Sensei Trevor Warren and Sensei Mike Fenton, authors of "Essential Isshinryu" will be teaching at the Isshinryu Karate Expo 2014. Their seminar, TONFA FUNDAMENTALS, incorporates their research and training with leading weapons' experts and will serve as a basic introduction to the weapon. Participants should bring their own Tonfa and Kumi Bo for drills.
www.issheinryu.ca



Sensei David White

Sensei White runs the Sapay Martial Arts dojo in Kenora, ON. David White is a certified Personal Defense Readiness Coach through Blauer Tactical Systems and offers a no-nonsense approach to the fundamental physical and emotional skills everyone needs to improve the safety of themselves and their families.

Sensei White will be offering two seminars on TACTICAL SYSTEMS. Using research and drills developed by Tony Blauer and Blauer Tactical Systems, participants will explore the critical moment when a confrontation goes physical and how we can effectively use the body's natural reactions to access our Isshinryu or other martial skills to mount an effective response. Participants should expect to participate in exercises, involving light to medium contact. Traditional martial arts uniform or comfortable street clothes are both suitable for this seminar.

www.sapaymartialarts.com



Sensei Dinah Jung

Isshinryu Karate Expo 2014 presents Sensei Dinah Jung, expert instructor for YOUTH SKILLS and DRILLS SEMINAR. This award-winning instructor is also an elementary school teacher!



Sensei Buzz Cox and Sensei Richard Wharf

Sensei Richard Wharf and Sensei Buzz Cox are teaching at the Isshinryu Karate Expo 2014. Their seminar, DRILLS and SKILLS: ENHANCING YOUR TRAINING, reflects their core philosophy of learning something new and having fun!

It includes skill development for all ages and ranks. Learn how to use many different types of common dojo equipment to enhance your training. The equipment may not always be used exactly as intended! What to do with 50 feet of rope! Learn drills that will increase agility, balance and coordination. Disguise the art of repetition. The most important rule is "keep the learning fun".

www.westmanisshinryu.com



Sensei Chucky Mady

Chucky Mady will be teaching MMA and KICKBOXING SEMINARS at the Isshinryu Karate Expo 2014. Come train with the World Shidokan Champion and winner of 169 full contact karate fights!
www.madyskarate.com

Sensei Chucky Mady will be teaching the following seminars:

Basic kickboxing and basic kickboxing for MMA - distancing, staying in the middle of the ring, blocking and countering, basic combinations

MMA/ wrestling - Wrestling for MMA, basic striking and takedowns/ throws, basic defence from throws and takedowns, and some basic submissions

Fighting drills - Blocking and countering drills, speed drills , touch sparing for timing, and accuracy



Shihan Susan Baldassi

Shihan Susan Baldassi, the highest-ranked female instructor in Isshinryu Karate in Canada and the recipient of an international 2007 Instructor of the Year Award, is your host for the Isshinryu Karate Expo. If you have any questions or need more information, please do not hesitate to contact her.

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