

CHITORA DOJO PRESENTS

Isshinryu Karate Classes

Learn Isshinryu Karate and Kobudo from Expert Instructors
in a fun, family friendly environment

Students are currently being accepted for the following classes

Beginners (Age 8+, Adults welcome) Thursdays 6:30-7:15

This class offers an introduction to Karate starting with the fundamentals.

Kobudo (Age 16+) Thursdays 8:30-9:15

Kobudo is the traditional weapons of Okinawa, instruction begins with the Bo (Staff) and continues on with Sai, Tonfa and other traditional weapons.

Our expert instructors

Trevor Warren—Godan (5th Degree Black Belt)

Mike Fenton—Godan (5th Degree Black Belt)

Jeff Long—Sandan (3rd Degree Black Belt)

Simeon Ostap—Sandan (3rd Degree Black Belt)

Justin Johnson—Shodan (1st Degree Black Belt)

**Classes Begin on Thursday January 8th,
registration is done at the first class.**

**All Classes are held at North McIntyre
Rec Centre—2051 Government Road.**

For more information please contact sensei@issheinryu.ca,
visit our website www.issheinryu.ca
or phone Mike Fenton at (807) 683-5041

**All New students
get one month free
training!**